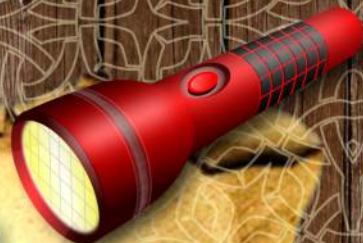




# OPEN SOURCE



## The Vortex Psyvival Guide

### The ultimate Pysvival Guide for trance adventurers heading into the Vortex this summer.

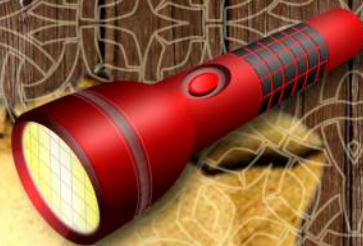
Make the most out of this year's summer celebrations by entering the Vortex fully prepared. Whether you are a seasoned veteran or a trance newbie, our Psyvival Guide is bound to come in handy when you're getting geared up for the magic!

#### PSYVIVAL TIPS:

1. Leave your valuables at home (or if you must, lock 'em up inside your car).
2. Eat well and stay hydrated.
3. Establish a meeting point onsite so that you don't lose your friends for the duration of the festival.
4. Stay safe – don't accept drinks from strangers.
5. Schedule in sleeping time so that you don't miss your favourite acts (try to get at least 6 - 8 hours of sleep per day).
6. Make use of the chill spaces for a little reinvigoration.
7. If you feel unwell or troubled, don't be afraid to go directly to the medics or PsyCare for assistance.
8. Report theft, violence or unacceptable behaviour at the InfoStation.
9. If you feel unsafe or have a question, speak to a Peace Marshall or visit the InfoStation.
10. Hand in or report lost property at the InfoStation.
11. Don't drink while driving to or from the festival.
12. Be aware that police officials are permitted to search your person and vehicle for illegal substances before entering and exiting the venue.
13. Explore all the dance-floors, stalls and activities – there is so much magic to behold!
14. Don't be afraid to talk to strangers and make friends with those around you, this way we can look out for each other.
15. Keep the venue clean and leave no trace; use the bins and rubbish bags provided for waste and stompies.
16. Relax, enjoy and go wild! Just remember to pace yourself.







## WHAT TO BRING:

### The Basics

Your presale ticket (or quicket ticket, downloaded to your mobile phone or printed out as signal is limited at the gate), photo i.d, driver's license, directions to the venue, cash or debit card – the bar takes cards and offers a cash back service.

### The Must-Haves

Sunscreen and after-sun, toiletries and personal items (tooth brush, eco-friendly toothpaste, biodegradable wet wipes, eco-friendly liquid soap, shampoo and conditioner, extra toilet paper, body cream, lip balm, deodorant, eye drops, insect repellent, waterless hand sanitiser, tampons/female hygiene products and condoms), medicine and first aid (headache tablets, vitamins, heartburn pills, band aids and rehydration packs), chewing gum, ear plugs, towel, black bags (although vortex does offer refuse bags, you can never have too many!), cooler box, lighters, portable ashtray, cigarettes / tobacco / rolling paper / smoking paraphernalia, jumper cables, charging bank (optional)

### The Apparel

Change of clothing (4 or 5 outfits if you are staying for the whole festival), underwear, something to sleep in, comfortable dancing shoes (2 pairs to be safe), slip slops or sandals, extra socks, warm top / jersey / hoodie for the night-time, umbrella, sun hat or peak cap, scarf / shawl / sarong, sunglasses, swimming costume – or you can go without.

### The Equipment

Tent, hammer, cable ties and pegs, plastic sheet, rain protector, gazebo (if you have one), sleeping bag, fold-out or inflatable mattress and air pump, pillow, torch / headlamp / lantern / fairy lights, lock and keys for your tent, folding chairs or hammock (optional), braai grid for use in communal fire pits.

### The Perishables

Drinking water and large bottles that can be refilled (drinking water is available but it's a good idea to bring some along for the journey), decanted alcohol (no glass is allowed onsite), canned drinks / soft drinks / juices, energy and sports drinks, papsak, ice-bags, ice is for sale at the bar, disposable cups, refillable plastic bottles, snacks (fruit, nuts, dried fruit, trail mix, chips, popcorn, biltong, rolls, sweets and biscuits, crackers, premade sandwiches), premade food or meat to braai (there are many food stalls at the party which cater to all dietary requirements)

### The Fun Stuff

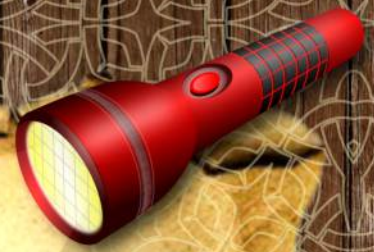
Hula-hoops, poi, body paint / face paint, dress up clothes, digital camera or gopro, board games / cards, musical instruments, CD's, aux cable (for listening to while travelling), bubbles.

### What To Leave Behind

Weapons, Glass, Offensive symbols (such as Native American headdresses), Bad attitudes.







## LEARN THE LINGO

**Here are some buzzwords you are sure to hear during your Vortex Trance Adventure.**

**Ag man** = Oh man

**Aweh** = Similar to Howzit

**Babbelas** = Hungover

**Befok** = Really good, exciting

**Bokkie** = A term of endearment meaning "little buck"

**Bra** = South African equivalent of "bro"

**Chommie** = Friend

**Chow** = Food, to eat

**Dop** = A drink, to drink

**Droogies** = Very thirsty

**Duidelik** = Used to express excitement

**Eina!** = Ouch!

**Eish or Sho!** = An interjection signalling surprise

**Gees** = Energy, enthusiasm

**Howzit?** = How's it going?

**Hundreds** = Good, fine

**Just now or now now** = A little later, soon

**Kak** = Not cool, shit

**Laaitie** = A young person

**Lag** = Laugh

**Lank** = A lot, very

**Lekker** = Good, nice

**Mal** = Crazy, mad

**Papsak** = The silver foiled bag inside a box of wine

**Pull through** = To arrive

**Rof** = Rough

**Shame** = Pity, adoration

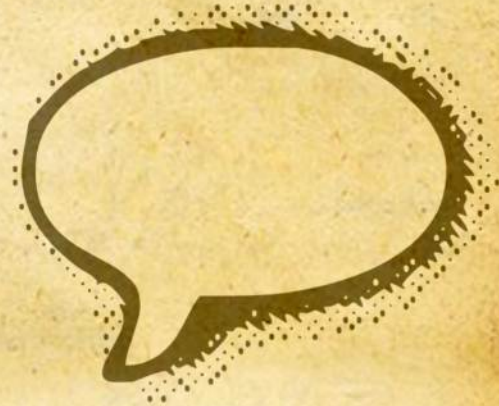
**Shot** = Thank you.

**Skit** = Slang word for go

**Stomp** = To jam, to trance, to dance

**Yebo** = Yes in Zulu

**Yoh!** = An expression of surprise

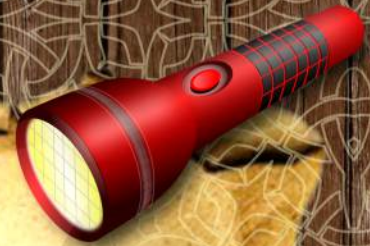


For more info or inquiries visit [www.vortextranceadventures.co.za](http://www.vortextranceadventures.co.za)

*"While we may come from different countries and speak different tongues,  
our hearts beat as one."*







## HOW TO GET TO VORTEX

### Locals

Drive there with friends.

Car pool (not only will this help with fuel costs but it will help reduce the CO2 emissions of the festival - together we can make a difference!)

Hitch a ride with another trooper (use the Facebook event to find someone travelling from your area)

### Directions

Check Event Page details on Facebook for venue details, plan your drive to arrive when the festival gates open and also time of gate prices drops every day.

*Distance is relative to your desire to travel. Life's a journey, enjoy the ride.*

### Foreigners

- Hitch a ride with another trooper (use the Facebook event to find someone travelling from the area you are staying in)

- Visit our website at [www.vortextranceadventures.co.za](http://www.vortextranceadventures.co.za) for detailed travel info and shuttle services.

### Check The Temperature:

Don't forget to check the weather forecast for the area before hitting the road. During the summer, temperatures range from 22 to 35°C.

